



Avoid ER wait times with telemedicine!

Need care but it's after-hours? Traveling and away from home? The ER isn't your only option! Use your 24/7 telemedicine service to:



Feel better, faster.

The average ER wait time is 40 minutes. The average First Stop Health patient waits just 7 minutes to talk to a doctor!



Save money.

Avoid ER prices (and surprise bills) with First Stop Health! There are no hidden fees to talk to a doctor for things like:

- Cough
- Rx Refill*
- Fever
- Toothache
- Stomach Issues
- Aches and Pains
- Sinus Infection
- UTI
- And More!

Gopher Sport provides First Stop Health Telemedicine to benefit-enrolled team members and their covered dependents for FREE.

GOPHER SPORT

Get the app



fshealth.com | 888-691-7867

* Costs applicable to your medical plan.